

Subject: AREI April Newsletter - Research and Events

From: Afterlife Research and Education Institute <r.craig.hogan@afterlifeinstitute.org>

Date: 4/7/2022, 12:14 PM

To: research@spiritualunderstanding.org



April Newsletter - Research and Events

We Are Living in the World of Love, Peace, and Joy, but We Don't Accept It

The world of love, peace, and joy with no hostilities among people and nations is at hand. We experience that world when we are most peaceful and joyous in the company of people with whom we feel love and happiness. In those moments of love, peace, and joy we are living in the glorious world that is just beneath the self-absorption, greed, and hostility that covers the world with darkness. All people want to be loved and happy. No one wants to be miserable and unloved. That universal desire for love and happiness is the light at the core of humankind's nature that struggles to shine through the darkness. Yeshua bar Yosef, the Rabbi who taught in the hills of Galilee, said, "The kingdom of the Father is spread out upon the earth, and men do not see it." We must open our eyes so we see it. This world of love, peace, and joy is already here. We see it in ecstatic moments of peace and joy with those we love. We must keep our eyes open always and allow only love and happiness to be our life experiences. And we must help others to open their eyes and be thrilled when they recognize themselves and us for the first time as lovers and beloved.

Love, peace, and joy



R. Craig Hogan, PhD
President, AREI

Craig



The Institute of Noetic Sciences (IONS) Coordinates Study of Physical Mediumship

A screenshot of the IONS website homepage. The background is a teal and white image of ocean waves. In the top left corner is the IONS logo. In the top right corner are navigation links: "About", "Science", "Experience", and "Explore". Below the logo is the text "Institute of Noetic Sciences". The main headline reads "Inspired by Science, Transformed by Experience". At the bottom, a short paragraph describes the institute as a research center and direct-experience lab specializing in the intersection of science and profound human experience.

IONS

[About](#) [Science](#) [Experience](#) [Explore](#)

Institute of Noetic Sciences

Inspired by Science, Transformed by Experience

The Institute of Noetic Sciences (IONS) is a research center and direct-experience lab specializing in the intersection of science and profound human experience.

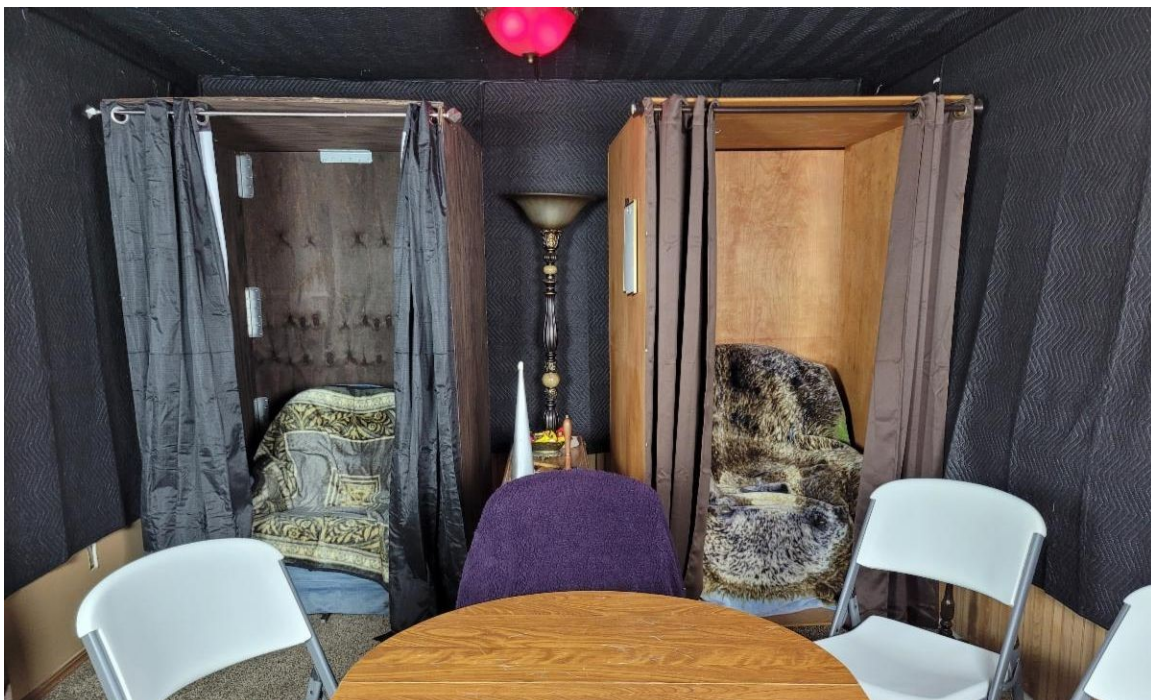
The Institute of Noetic Sciences (IONS) will be hosting a physical mediumship workgroup for invited researchers and scholars via Zoom. The goal is to engage individuals well established in physical mediumship to have discussions about research that will advance our understanding and practice of this vital form of mediumship that is critical to helping people realize the truth of the survival of consciousness. AREI will be one of the participants.

IONS, founded by Dr. Edgar Mitchell, the sixth person to walk on the moon, has as its mission "to reveal the interconnected nature of reality through scientific exploration and personal discovery."

"At IONS," they write, "our scientists apply the rigors of their respective disciplines to explore such phenomena, with a focus on understanding humanity's inherent interconnectedness and the inner wisdom common to us all. When we collectively embody our true interconnection and embrace our inner wisdom we envision the creation of a more compassionate and thriving world."

The effort is supported by The Marco Project Endowment Fund in Memory of Marco Maria Morelli. IONS is a highly regarded research organization with 35,000 members and an impressive staff of scientists specializing in the study of consciousness, human capacities, integral health, and emerging worldviews. AREI is delighted to see this prestigious organization engaging in studying and advancing physical mediumship. We will report on the effort as it progresses.

Experimental Physical Mediumship Circles





AREI Séance Room with Two Cabinets and Table for Trance Mediums and Sitters

A number of new physical mediumship circles around the world are in various stages of having physical manifestations emerge. AREI encourages new circles to share their development experiences to help other new circles currently sitting to assure them that stages they are going through are normal and will result in the circle's eventual maturation. Publishing accounts of the growth these circles are experiencing will also encourage the development of new circles. What these currently developing circles are learning about how to form and develop a physical mediumship circle is for the benefit of all of humankind, not just the members of the individual circles. We encourage the circles to be open and transparent about what we are experiencing. AREI will publish any accounts of occurrences in new circles we receive.

The AREI Masters of Light circle has been meeting for 14 years. During the first eight years, there were raps, lights, breezes, and minor physical manifestations. Then, when the circle settled into the current members, pronounced manifestations began. These physical manifestations have all been growing in strength over the past six years.

Today, the circle has one developing ectoplasmic medium who has been sitting in a cabinet at each session with increasingly greater displays of ectoplasm. A gifted mental medium receives communications and enlightening images from the Masters of Light spirit team. She and three of the other sitters are developing into trance mediums and have been going into trance at every meeting. The fifth sitter is a gifted trance medium through whom the spokesman for the Masters of Light, Arthur, speaks. Arthur has assured us that the team is developing a new form of physical mediumship using body fluids other than ectoplasm. We were instructed to build a second cabinet for new work, which now sits in the séance room.

We have been told that this circle is experimental. It is an effort to find ways of using our energy and spirit energy to develop abilities in people that have been dormant and undiscovered. We have been instructed to share what happens in our circle to help other circles develop and to encourage new circles by demonstrating that if circles will sit in harmony and dedication, teams in spirit will work with the circles to develop the sitters in whatever unforeseen ways are possible. Their success in developing four trance mediums and a physical medium in one circle is an example of such development. There are many more potential trance and physical mediums that can be developed using the procedures the Masters of Light are developing.

The AREI Masters of Light Circle began with table vibrations, then strong rocking to the point of traveling the table across the room. During the development, the sitters' nervous systems were being tested and developed. The sitters were having involuntary body movements, such as "marionette hands" in which their hands and arms were being manipulated without their effort. Sitters were rocked backward and forward and side to side in their chairs. There were many signs of efforts to manipulate their vocal mechanisms, such as opening and closing their mouths as their heads were moved backward, phlegm-like substance in their throats, and an impulse to speak. The Masters of Light team told us they are changing us at the molecular level to be able to have physical manifestations. They also said the team includes

extraterrestrials, including three Arcturians.

In our effort to encourage developing circles, we will be publishing accounts of the circle of the Masters of Light developments. We encourage other circles to give us accounts of their circles' growth so we can publish them.

The Video, *Rinaldi*, Describing Sonia Rinaldi's Work in Instrumental Transcommunication Is Released



Sonia Rinaldi

Brazilian instrumental transcommunication (ITC) researcher Sonia Rinaldi continues to make strides in afterlife communication using electronic devices. Upon seeing and hearing Sonia's work, award-winning director Robert Lyon teamed with Sandra Champlain, author of *We Don't Die*, to create a film based on Sonia's decades of research. The result, released in February, is *RINALDI*, a We Don't Die Films documentary that is sure to move the viewer who comes to the experience with an open mind and a desire to learn more about what awaits us in the life after this life. In addition to describing Sonia's remarkable advancements, the video contains a sampling of mothers who have lost children to physical death and agreed the images Sonia had obtained through instrumental transcommunication were their children. Some were images of their children the mothers had never seen before. In the video, the mothers give testimonials about how these experiences have changed them.

RINALDI is a compelling work that will, hopefully, open more minds and hearts to the reality that only the physical body dies and that we live on in the life after this life. The video was recently selected for the Life Beyond Life Film Festival in Torino, Italy. You may view the video trailer and full 81-minute video at these links.

[Rinaldi Video Trailer](#)

[Full Rinaldi Video](#)

Sonia Rinaldi Continues to Make Strides in Instrumental Transcommunication



Sonia Rinaldi

For nearly three and a half decades, Sonia Rinaldi, MSc, PhD, has worked tirelessly from her small, makeshift laboratory in Sao Paulo, Brazil, in instrumental transcommunication to provide proof that life continues in an everlasting flow after the death of the physical body.

Instrumental transcommunication uses various technological devices such as recorders, telephones, and computers to capture either a voice message or transimage (photo-like image) of a person or entity on the other side of life.

In Sonia's work, spirit guides and our loved ones who have passed from this life offer spoken messages and images of themselves at some stage of their physical life as proof of their continued existence.

Some of the guides who have identified themselves through recordings and images as special helpers to Sonia were innovative researchers here on this physical plane. They have committed to working to improve the communication between our realm and the other realms. They are eager to share the knowledge with us that a continued life awaits us after this one and to help ease the sorrow of those who have been told that a loved one, after dying, no longer exists.

Sonia learned early in her research that offering some sound source or some moving surface often allowed those on the other side of life to manipulate the sound or surface and produce intelligible words and discernible images. Electronic voice phenomena experiments often use computer-generated gibberish sounds that contain no actual, identifiable words. Once manipulated by someone from the world unseen, they have explicit messages for the recipient, often parents of children whose bodies have died. Image experiments often feature some of the simplest media, such as flowing water, humidifier vapor, aerosol spray particles, bubble plastic, and iridescent fabrics. These items are manipulated by those on the other side to produce transimages like the person Sonia is photographing or unique images that are later identified by family members or friends as their loved ones!

As her research advanced, she used her intuition and direct guidance from the other side to obtain better and more precise results.

Examples of Sonia's Audio Recordings

For those interested in supporting Sonia Rinaldi's research, receiving reports and e-magazines published on most Fridays, and having the opportunity to participate in future experimental recordings, link to her Patreon page.

[Link to Sonia Rinaldi's Patreon Page](#)

Accounts of Afterlife Communication During Self-Guided Afterlife Connections



The Self-guided Afterlife Connections procedure at <https://www.afterlifeinstitute.org/self-guided/> is a free training program provided by AREI to help people relieve their grief by connecting with loved ones we know without a doubt are available and anxious to communicate. Participants learn how to be more open to messages from loved ones now living in the next life by using self-hypnosis to enter a state of mind in which afterlife connections occur. A study of the procedure found that 86% of the people who go through the training have an afterlife connection. This Self-guided Afterlife Connections procedure is given freely to humanity. Accounts of two connections from this past week we have been given permission to share follow.

Account by Experiencer 1

Yesterday I started the the stage 3 session and just did the first recording 1 instructions. I was on a beach and Joe showed up as a little boy. Joe looked how he looked when he was younger. He had no shirt on, was wearing shorts and was barefoot. Joe was making a sandcastle on the beach. He asked me to join him, so I did. He handed me a plastic red cup and we took turns gathering sand for our sandcastle. Craig it was amazing!! Joe wanted me to play with him. I started crying and Joe looked at me like asking me why I was crying. I told Joe that these are happy tears. Joe would jump up and do cartwheels and come back and we would start to take turns gathering

a cup of sand and placing one beside the other. We seemed to make a square for the foundation of our sandcastle. Joe's dad showed up after awhile and just stood there. I told Joe that I would see him again soon. Joe went to his dad John's leg and was holding John by his leg. They were together and happy. John is taking care of Joe. I am so thankful! It was pretty intense, then I brought myself back, it was amazing!

Craig, yesterday after that session sometime in the afternoon. I was talking to God, which I haven't for awhile. I was telling God that I need to be healed, now, that it is time. Joe needs me, I need Joe more than he needs me. I had my eyes closed and was crying telling God I need to be healed. Something amazing happened! I saw young Joe again on my right hand side walk in front of me and reach around to my left side and he took a young version on me by the hand and they walk back to the right. Joe brought her to the sandcastle on the beach. She started crying and telling Joe how much she loved him and Joe said "I know." It seemed like Joe was waiting for (me) younger little girl Belinda to stop crying and motioned for her to play, help build the sandcastle.

Craig, it was amazing. I couldn't have created that! It just happened, Joe took over and just took little Belinda by the hand and comforted her (me). I just watched. It seemed like Joe's dad John was there again watching over the kids, Joe and little Belinda . I couldn't believe what just happened. It was like Joe just took charge and took little Belinda's hand. I didn't even know little Belinda was standing to the left of me and a little behind me, until Joe walked in front of me reached around and took her hand. Joe is helping to heal both little Belinda and me the adult, his mom.

Account by Experiencer 2

Wow! I had an incredible experience with my son in spirit. He was 21 when he left the earth plane 13 months ago. Before Craig finished counting to 20 my son was there, walking straight towards me across a field of dry grass, grinning from ear to ear. We hugged. He said "Man this guy talks a lot" I chuckled, my son always had jokes. Before I knew it We were standing at the edge of a cliff. I felt scared. Far below us there were waves crashing on rocks. I began to say I felt scared, but before I could get the thought out we were suddenly standing on the shore with the cliff now above us. I told my son I didn't understand what just happened. He said that's how we do things here, we just think about where we want to go and we go. "I didn't even feel it" I said in amazement. "We don't" he replied. "Watch this" he said and suddenly we were standing in front of a gentle waterfall. The water was clear as it stud over a rock in a single delicate sheet. He put his hands in the center of the flow of water and the water immediately parted and ran on either side of his hands but not on his hands. He remained completely dry.

Next we were back in the field and he brought my attention to a butterfly. The butterfly came closer and closer until it flew in my face and over my head. My son laughed, he thought this was hilarious! His laughter made me laugh. He said that all the birds and insects that have flown in close proximity to me lately have been him. He was still laughing, proud of this way he has found to tease me. I laughed and laughed too. This was 100% his sense of humor, it felt just like the last day we spent hiking together before he crossed himself over 3 days later. We laughed so much that day.

After we laughed about the face-charging insects he took me to what seemed like a mechanic shop. My son loved cars more than anything. He started telling me how it was part of what he gets to do there. I saw my mom's dad walk out of the shop, wiping his hands with a rag. Then we were suddenly inside a building with computers. I think it was a design center for automobiles. I saw sleek red and black sports cars on a screen. Just then I had a thought to ask him how we help a friend, a fellow grieving mother. He said "Let's ask Mark, he's here too" Mark is her son. I turned around and was looking into the piercing eyes of Mark. He began to tell me how he feels so bad that his mom is so sad. He said "I was so dumb, just so dumb." I then saw a syringe and needle. It frightened me a little and I wondered why my mind was drifting away from Mark. Then I realized Mark was showing me that. I saw a party scene with dark rooms. Mark said over and over, "It was all my fault and it cost my mom everything." He said he was happy and well in his life in spirit but that he very much wanted his mom to live her life and not be so sad.

The vision started to fade, my son waved goodbye and smiled as my mind came back to present moment awareness.

The next day after this experience (yesterday) he kept sending insects flying into my face or up my windshield while driving. It reignited the laughter every time. He is more alive to me now than he has been these last 13 months. I can't wait to learn more and continue having experiences with him!

[Link to the Self-Guided Afterlife Connections Training](#)



Life Beyond Life Film Festival April 10-11





Annunziato Gentiluomo
Director and Head Manager

The second edition of the Life Beyond Life Film Festival will be held on April 10 and 11 at the Ambrosio Cinecafé, Torino City, Italy, organized by the famous university ArtInMovimento (<https://www.unipopaim.it/>) with the cooperation of the cultural association SystemOut (<http://www.systemout.org/>), Afterlife Research and Education Institute, and the Religion Today Film Festival. The director and head manager is Annunziato Gentiluomo.

Three renowned directors and a famous film producer will be at the event. The “godmother” of the festival chosen by the Life Between Lives Film Festival staff is Manuela Pompas, a journalist, author, hypnotherapist, and leading figure in holistic medicine, psychic research, and transpersonal psychotherapy.

The event is sponsored by Bimed--Biennial of Mediterranean Arts and Sciences, the Asi Sector of Holistic and Oriental Arts, and the Foundation Salutogenesi Onlus. Cultural partners are the Ghost Hunters Association, the Quasi Cinema Distribution House, Filmmaker Day, Collateral 102, Koqix, and the production company Aurora Vision. The media partners are ArtInMovimento Magazine (<http://artinmovimento.com/>) with its web radio, Il Giornale dei Misteri, Tv Alvorada Espirita, K1 Digital, Arte Settima, CameraLook, Cinema4Stelle, 1977 Magazine, Karma News, Fotogrammi, Piemonte Che Cambia, ArtApp, Mètis News, Mondo Nuovo News, while ArtInMovimento Press Office will go on keeping up contact with the Social Media.

There are four categories of films with international juries. The four categories are feature films, short films, documentary films, and documentary short films. A selection of movies will be aired live, and the entire lineup will be open to the public for over two weeks on a dedicated Vimeo channel. Admission is free.

On Sunday, April 10, at 6.20 pm, the famous Italian medium, psychic, and spiritual researcher Linda Macaluso will give a public reading.

[Learn more](#)



Rob Schwartz Events



Between Lives Soul Regression

April 24, 9:30 a.m. Eastern Time, Rob will hold a group Between Lives Soul Regression (BLSR) in which you can find out what you planned for your current lifetime and why,



how well you're doing in terms of fulfilling your plan, and how you may better fulfill your plan.

People who experience a BLSR (whether in a workshop or a private session) often comment on the powerful, unconditional love and total nonjudgment of the nonphysical beings with whom they speak in the regression. The conversation with those beings leads to a much deeper understanding of who you are as an eternal soul and why you are here on Earth at this time, which in turn leads to greater acceptance, peace, and joy.

[Find out more and register](#)



Rise to the Path

April 19, 2022, Rob with Liesel and the BOL (Beings of Light) will hold a journey into enlightenment.

Rob will give insightful responses to your and other participants' questions, and tell you what the Beings of Light have to share in response.

You will participate in live meditations channeled from the Beings of Light through Liesel and led by Rob. You will then have access to recordings of these meditations for your ongoing growth and evolvment.

You will learn ways to open more fully to living from love and discover how to embrace the tiny miracles hidden within daily life by becoming more present.

Become part of a community of like-minded and like-hearted individuals committed to allowing Source to flow more fully into their daily lives.

[Find out more and register](#)

Four-Day Awakened Connections Retreat with Suzanne Giesemann, September 22-24



Suzanne Giesemann will be holding a four-day retreat



at the Art of Living Retreat Center in the Blue Ridge Mountains on September 22-24. Suzanne writes that as a result of these four days at "Awakened Connections," you will

- Know that you are a sacred being living a human life.
- Navigate this world with grace and stay centered even when events around you are in turmoil.
- Observe this world from a place of love, curiosity, and passion.
- Know that you are always and forever connected soul to soul.
- Understand that you are innately magnificent and shine your beautiful light.
- Exercise your free will to choose your point of view at every moment.

[More Information on the Awakened Connections Retreat](#)

AREI Zoom Groups

Join an AREI Zoom Group!

Wendy Zammit and Karyn Jarvie have developed a remarkable set of Zoom-group offerings we invite you to take advantage of.

- Mediumship Development with Dr. Susan Barnes
- Global Gathering Every Sunday.
- Spiritualism Today
- Dream Circle with Kim Parker
- Army 4 Love
- Sharing and Practice Sessions for Developing Mediums
- Automatic Writing and Mediumship Discussion
- Safe Space Sharing Group
- GOSH: Gatherings over Strange Happenings
- Spirit Art
- Pet Communication Group
- Afterlife Book Club
- Exercises to Expand Consciousness
- Len La Scolea Journey of the Soul Discussion Group
- Trance Healing

[Learn about the Zoom Groups](#)

Sandra Champlain Upcoming Special Events



Online Courses

Sandra has regular online courses in trance, altered states, psychic development, and medium development.

[Learn More about the Classes](#)

Free Sunday Online Spiritual Church Services

The Sunday online gatherings are non-denominational services celebrating life and the continuity of life after death, providing inspiration and comfort. The gatherings use Zoom. The presenters are AREI board member Sandra Champlain who is author and host of We Don't Die radio, Scott Milligan, tutor of physical mediumship, trance, and altered states, and spiritual mediums Kerry McLeod and Philip Dykes.

[Register for the Online Gatherings](#)

Special Events

[Check Sandra's site for events.](#)

[See a list of Sandra's We Don't Die radio episodes.](#)





Support Humankind's Evolution!

You Make the AREI Afterlife Research and Education Projects Possible

Membership in AREI has made possible the dissemination of research and education projects that are changing humankind. We urge you to join AREI or renew your membership now.

Join while it's still fresh in your mind. **AREI needs your support to continue this work.**

Join to Support AREI

Afterlife Research, Development, and Education that Needs Your Support

ADVANCING THE SCIENCES
OF AFTERLIFE STUDIES AND
AFTERLIFE COMMUNICATION

For the benefit of the evolving human race

Groundbreaking research is being done today to advance our knowledge of the afterlife and afterlife communication. The researchers, educators, and developers are largely working without funding. We can dramatically influence humankind by providing funding that will enhance their efforts. We encourage you to donate to them through AREI, a 501(c)(3) nonprofit.

For more information or questions, contact President R. Craig Hogan, PhD, at this email address: r.craig.hogan@afterlifeinstitute.org. Or call 800.690.4232 (309.808.2651 outside the U.S.).

Research, education, and development are being done in these areas. Click the button below to learn more.

- Recording Voices of People Living in the Afterlife
- Making Afterlife Connections Widely Available
- Psychotherapists Heal Grief with Client Afterlife Connections
- Educating the World about the Nature of Life and the Afterlife
- Physical Mediumship Dramatically Reveals the Afterlife
- Helping Families Learn How They Can Have Uplifting End-of-This-Life Transitions

[View current projects](#)



Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free" "personalized" "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining!"

Afterlife Research and Education Institute | 23 Payne Place, Normal, IL 61761

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